

Ibogaine for Gambling Addiction



SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

“You don’t gamble to win. You gamble so you can gamble the next day.”

~ Bert Ambrose

The alluring call of roulette, poker and slot machines shows the power of gambling, and its impacts are often unnoticed or understated. Gambling disorder (pathological gambling) is a behavioural addiction marked by an unstoppable urge to gamble, regardless of consequences, affecting personal, social and financial stability. Addiction is not only drugs and alcohol, it is compulsive behaviour we keep pursuing despite adverse repercussions.

Ibogaine, a psychoactive alkaloid from the Tabernanthe Iboga root bark, has attracted interest for treating addictive patterns, including gambling.

It interacts with multiple brain pathways (glutamate, dopamine, and serotonin), helping recalibrate

neural pathways linked to craving and reward.

It allows for deep introspection into the roots of addiction, including unresolved emotional trauma and inherited beliefs such as scarcity.

Despite its benefits, ibogaine requires experienced professional care,

At Tabula Rasa Retreat we provide medical vetting, monitored treatment, and holistic integration support (counselling, group therapy, breathwork, bodywork, meditation, yoga and more) to support sustained recovery.

