



# Ibogaine for Fentanyl

## SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

“Remember that just because you hit bottom doesn't mean you have to stay there.”

~ Robert Downey Jr.

Although fentanyl is now everywhere, it is not “just another opioid”. It is so potent that it needs to be treated like a long acting opiate, and most people require a gradual taper down before ibogaine can even be considered.

If you are here, you are probably exhausted by the cycle: chasing relief, feeling unwell between doses, and watching your world shrink. It can feel humiliating. It can also feel hopeless. It is neither. It is a pattern with biology behind it, and patterns can change.

Ibogaine may support this change by interacting with the same brain sites fentanyl binds to, while also influencing systems linked to sleep, stress, mood, and drive.

Some people report reduced cravings and a softer landing into early recovery, alongside a clearer view of what has been steering the use.

At Tabula Rasa Retreat, we guide you through a structured pathway.

From our medical screening, a personalised step down plan, treatment support, then integration and aftercare to help you stabilise and rebuild.

We help you move from chasing the next dose to holding your ground again.

